



MedStar Health

# myMedStar proxy access to accounts of adult patients.

Welcome to **myMedStar**, a free, secure online portal where you can manage your health information and appointments, send messages to your MedStar Health team, renew prescriptions, and more.

Proxy access grants a personal representative, including sons and daughters, husbands and wives, or legal guardians access to all myMedStar functionality on behalf of another patient.

## **To enroll with proxy access:**

Either the adult patient or personal representative must complete the myMedStar Proxy Access Authorization form, in person, at a MedStar Health facility. We cannot accept requests for proxy access online, by fax, or mail.

Once proxy access has been submitted and approved, you will receive an email invitation with registration instructions.

The personal representative may withdraw access, in person, at a MedStar Health facility at any time.

**Please note:** An authorization form must be completed for each patient, and each proxy holder will receive his or her own email invitation.

**It's how we treat people.**