

As we continue to navigate the COVID-19 pandemic, MedStar Health remains committed to providing the most appropriate and timely access to urgent care and COVID-19 testing options for our patients. Below are recommendations which may help you choose a test option that best serves your needs safely.

## Urgent care centers:

- All MedStar Health Urgent Care visits for COVID-19 exposure or symptomless testing (pre-operative, return to work, return to school) **require you to save your spot online ahead of time.** This allows us to streamline and space out the volume of patients throughout the day and follow physical distancing measures. If we do not have availability at your regularly preferred location, you can book for the next available date/time at that location or look for other locations nearby.

[MedStarHealth.org/Services/Urgent-Care](https://www.MedStarHealth.org/Services/Urgent-Care)

## Primary care centers:

- If you are experiencing COVID-19 symptoms and need to see a provider, many MedStar Health primary care locations are offering COVID-19 testing by appointment. [Access.MedStarHealth.org](https://www.Access.MedStarHealth.org)

## Drive-up or in-person testing options:

- **Same day testing:** Requires an appointment. [SameDay-Testing.com](https://www.SameDay-Testing.com)
- Most local pharmacies have COVID-19 drive up testing options. Please visit their website or call for details.
- **State-based testing:** The following two sites are open 9 a.m. to 3 p.m., seven days a week. Walk-ups only (no appointments available):
  - **University of Maryland Upper Chesapeake Health:** 500 Upper Chesapeake Dr., Bel Air, MD 21014
  - **Anne Arundel Medical Center:** South Pavilion, 2001 Medical Pkwy., Annapolis, MD 21401
- **Departments of health:** Check with state and county Departments of Health for in-person and take-home tests at libraries, shopping malls, and other public locations.
- **State or district testing site finders:** Search by your location.
  - **Maryland:** [coronavirus.maryland.gov/pages/symptoms-testing](https://www.coronavirus.maryland.gov/pages/symptoms-testing)
  - **Washington, D.C.:** [coronavirus.dc.gov/testing](https://www.coronavirus.dc.gov/testing)
  - **Virginia:** <https://www.VDH.Virginia.gov/Coronavirus/Protect-Yourself/COVID-19-Testing>

## At-home testing options:

- Following are companies that offer at-home polymerase chain reaction (PCR) COVID-19 testing options. Please check for minimum age requirements. Any patient can order these tests online and they will be shipped to your home within 24 hours\*, with results often faster than our urgent care centers. Most insurance plans and FSA/HSA will cover these tests.

### Buy online:

- **Vault:** Saliva-based home PCR testing (*all ages*) [VaultHealth.com/COVID](https://www.VaultHealth.com/COVID)
- **LetsGetChecked:** Self-administered nasal swab home PCR testing (*ages 2+*) [LetsGetChecked.com](https://www.LetsGetChecked.com)
- **Pixel by LabCorp:** Self-administered nasal swab home PCR testing (*ages 2+*) [OnDemand.LabCorp.com/COVID-19](https://www.OnDemand.LabCorp.com/COVID-19)
- **Cue:** Self-administered nasal swab home molecular testing using a reader to purchase separately. Prices varies and monthly memberships are available. (*ages 2+*) [Shop.CueHealth.com](https://www.Shop.CueHealth.com)
- **Lucira:** Self-administered nasal swab home PCR testing (*ages 2+*) [CheckIt.LuciraHealth.com](https://www.CheckIt.LuciraHealth.com)

### Buy online or at a local pharmacy (call ahead to check availability):

- **BinaxNOW:** Self-administered nasal swab home rapid testing. Results are available in 15 minutes. (*ages 2+*) [abbott.com/corpnewsroom/diagnostics-testing/BinaxNOW-what-you-need-to-know.html](https://www.abbott.com/corpnewsroom/diagnostics-testing/BinaxNOW-what-you-need-to-know.html)

*\*Turnaround times are approximate and subject to change without notice.*

## Additional assistance:

If you have COVID or were exposed, we are offering free access to GetWell Loop to help you recover safely at home. This program allows you to check in daily and to see the most up-to-date information and resources on how to stay safe during this time. Please visit [apps.getwellnetwork.com/loop-enroll/medstarhealth](https://www.apps.getwellnetwork.com/loop-enroll/medstarhealth) to sign up online.

Look for a personalized enrollment link in your email to activate your account. Your answers, and any information you share during your Loop interactions, will remain private, protected, and secure.