



## Addressing the Opioid Epidemic

Maryland ranks among the states with the highest rates of opioid-related overdose deaths in the country. In a review of these deaths, it was determined that one out of seven victims had four or more overdose-related visits to the emergency department in the year before they died. MedStar Harbor Hospital is working to reverse this trend in Baltimore City through its Opiate Overdose Survivor's Outreach Project (OSOP).

Launched in March of 2018, OSOP offers high-risk individuals who come to the emergency department at MedStar Harbor and screen positive for substance use the services of a community recovery coach, a person who has experienced addiction in his life.

The community recovery coach works with these individuals once they leave the hospital, connecting them to recovery support services and treatment as requested. This one-on-one counseling continues for several months to make sure they have the resources needed to avoid additional overdoses. Since the initiative started, the community recovery coach at MedStar Harbor has engaged with 108 patients, assisting them in their recovery, and linking 29 to treatment.

Hundreds of individuals die every day in the U.S. after overdosing on opioids including prescription pain relievers, heroin, and fentanyl.

#### Letter From the President

At MedStar Harbor Hospital, we value our role as a key member of the community and are committed to doing all we can to help area residents live their lives to the fullest. In this report, we highlight two notable initiatives that are making a positive impact.

Improving the lives of everyone in the communities we serve is our primary focus. It is at the heart of our mission. I thank all of you–our physicians, our associates, our volunteers, and our community partners—for playing a part.

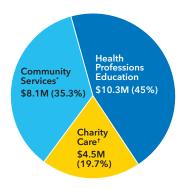
Sincerely,

Stuart M. Levine, MD, FACP,

President & Chief Medical Officer, MedStar Harbor Hospital Senior Vice President, MedStar Health



# Total Community Benefit 2018: \$22.9M



†Includes Medicaid assessments

\*Includes subsidies, community health improvement services, community building activities, financial contributions, and community benefit operations

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### **Providing a Start on Success**

Many young people with disabilities face unique challenges that make transitioning from school to a work environment difficult. MedStar Harbor Hospital is doing its part to help remove these barriers through an innovative job readiness program that provides these individuals with the skills and experience to succeed in the workforce.

Called Start On Success or SOS, the program is a partnership between Humanim, a non-for-profit organization dedicated to creating economic equity for individuals with disabilities; the Division of Rehabilitation Services (DORS); local school systems; and numerous employer partners in the Baltimore area. The award-winning program provides high school students with disabilities the opportunity to participate in paid internships during their senior year of high school.

As an employer partner in 2018, MedStar Harbor hosted 11 student interns, who held a variety of positions in departments ranging from environmental services to patient transport to food service, among others. In addition to the paid internship, each participating youth was assigned a MedStar Harbor associate who served as an industry advisor and mentor. The students also received career assessments, classroom instruction, work readiness training, assistance with job placement, and job support after graduation. Since the program began, SOS has maintained a job placement rate of nearly 90 percent.