

**For more information about these services call:**

**MedStar Washington Hospital Center**  
202-877-7000

**MedStar Georgetown University Hospital**  
202-444-2000

**MedStar National Rehabilitation Network**  
202-877-1420

### **Establishing priorities in District of Columbia.**

The CHNA has been vital to guiding the program planning and community partnerships need to develop health programs/ that improve health outcomes for our neighbors. Currently, our community health initiatives are the following:

#### **Health and wellness.**

- Chronic Disease Prevention and Management
- Behavioral Health and Substance Abuse
- Adaptive Sports and Fitness

#### **Access to care and services.**

- Access to medical experts in the community
- Linkage to Resources and Services
- Transportation

#### **Social determinants of health.**

- Food Access and Insecurity
- Employment



### **Community health classes.**

We care about the health and wellness of our community. That's why we provide a variety of free and low-cost classes in our hospitals and throughout the region. Programs cover many topics from adaptive sports, AARP Smart Driver, support groups, prenatal, chronic disease prevention and management for heart disease, stroke, cancer, diabetes and obesity.

Many programs are in partnership with DC Health Department and community-based organizations.

Visit our website to see a list of community health classes offered.

[MedStarHealth.org/mhs/events](https://www.MedStarHealth.org/mhs/events)

**It's how we treat people.**

 MedStar Health

**Community Health**



**Community Health ensuring access to resources.**

For our District of Columbia neighbors.

 MedStar Health

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## Enhancing health through stronger communities.

At MedStar Health, we recognize that a person's health is strongly linked to the health of the community in which they live.

As one of the region's leading healthcare providers, we play an important role in advancing health and partnering with others to facilitate community health improvement.

These efforts are guided in large part by the results of our Community Health Needs Assessment (CHNA). Our CHNA an organized, systematic approach, bringing hospital leaders together with individuals representing a diverse cross-section of the community to identify the needs.

## District of Columbia community health services.

MedStar Health strives to connect area residents to local services and resources that will best help them live healthier lives.

- **Training Physicians in the Community** MedStar Residency Programs provides the health care professional at Fort Lincoln Family Medicine Center, Bread for the City's, HOYA Clinics, school-based health clinics at Anacostia and Roosevelt High Schools and homeless shelters.
- **KIDS Mobile Medical Clinic at Georgetown Hospital**, provides medical care and social services in Ward 6 & 7, treating children and adolescents.
- **Cancer Prevention and Navigation in the Neighborhood** working with DC Primary Care Association to educate residents about the importance of early detection for cancer and support access to quality care.

- **Teen Alliance for Prepared Parenting (TAPP)** since 1999, we have helped thousands of young women to reduce the rate of teen repeat pregnancy in the district.
- **Community Violence Intervention Program** provides services to individuals and their families, who have experienced a life-threatening intentional injury.
- **Adaptive Sports and Fitness** helps to maximize participation for individuals with disabilities in recreational and competitive sports. Coaching, training, equipment and travel assistance for nine sports is provided.
- **Trauma Prevention and Outreach** partnering with many local, state and federal agencies, to provide education on concussions, youth and domestic violence prevention and provide crime victim assistance.
- **Mobile FITNESS Van at Georgetown Hospital**, partners with DC Public School to address childhood obesity. The van provides weight management, nutrition and physical activity counseling and medical assessments in Wards 6,7, and 8.
- **Community Health Advocates** The team assist vulnerable patients with linkage to community services, such as transportation, food, city and federal assistance programs.
- **Peer Recovery Coaches**, most of whom have personal experience with substance abuse, assist in connecting patients to treatments services, including support groups, inpatient and outpatient programs.



- **Opioid Overdose Survivor Outreach Coaches** link patients who have left the hospital after being treated for opioid use with the resource and care they need to prevent future overdoses.
- **Ask a Healthcare Professional Initiative** hospital professionals share their knowledge with the community to improve health through engaging seminars, screenings, blogs and videos.
- **Ryan White Program** offers patients living with HIV enhanced case management, dental care, counseling and much more.