

Full Liquid Diet

MedStar Harbor Hospital Center
Room Service x2887

Our Promise to You

Welcome to the menu viewing system for MedStar Health. You are currently looking at the Full Liquid Diet Menu for MedStar Harbor Hospital Center.

Your Doctor or Dietitian has prescribed this diet for your health.

How to Place Your Order

When you are ready for your meal, please call x2887 to place your order. Keep in mind, it takes approximately 45 minutes to prepare and deliver.

Using This Menu

This menu was designed to show you the items available on the full liquid diet. You can scroll through to review all of the items available.

Abbreviation Key

LS	Low Sodium	NSA	No Sugar Added
LF	Low Fat	SF	Sugar Free

Full Liquid Diet

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Soup/Broth

Beef (3)
Chicken (2)
Vegetable (3)
Tomato Soup (12)

Juice

Apple (14)
Cranberry (17)
Grape (19)
Orange (11)
Prune (22)

Milk

Fat Free (12)
1% (12)
LF Chocolate (25)
Lactose Free (12)
Soy (9)

Frozen

Ice Cream (*Vanilla (16) · Chocolate (17) · Strawberry (16)*)
Fruit Ice (22) (*Lemon, Cherry*)

Other

Coffee (*Reg · Decaf*)
Tea (*Reg · Decaf*)
Decaf Iced Tea
Lemonade (13)
Ginger Ale (*Reg (24) · SF (0)*)
Hot Chocolate (*Reg (21) · SF (10)*)
Cream of Wheat® (23)
Vanilla Yogurt (11)