

Full Liquid Diet

MedStar St. Mary's Hospital

Room Service x7934

Our Promise to You

Welcome to the menu viewing system for MedStar Health. You are currently looking at the Full Liquid Diet Menu for MedStar St. Mary's Hospital.

Your Doctor or Dietitian has prescribed this diet for your health.

How to Place Your Order

When you are ready for your meal, please call x7934 to place your order. Keep in mind, it takes approximately 45 minutes to prepare and deliver.

Using This Menu

This menu was designed to show you the items available on the full liquid diet. You can scroll through to review all of the items available.

Abbreviation Key

LS	Low Sodium	NSA	No Sugar Added
LF	Low Fat	SF	Sugar Free

Full Liquid Diet

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Soup/Broth

- Beef (3)
- Chicken (2)
- Vegetable (3)
- Tomato Soup (12)

Juice

- Apple (14)
- Cranberry (17)
- Grape (19)
- Orange (11)
- Prune (22)

Milk

- Fat Free (12)
- 1% (12)
- LF Chocolate (25)
- Lactose Free (12)
- Soy (9)

Frozen

- Ice Cream (*Vanilla (16) · Chocolate (17) · Strawberry (16)*)
- Fruit Ice (22) (*Lemon, Cherry*)

Other

- Coffee (*Reg · Decaf*)
- Tea (*Reg · Decaf*)
- Decaf Iced Tea
- Lemonade (13)
- Ginger Ale (*Reg (24) · SF (0)*)
- Hot Chocolate (*Reg (21) · SF (10)*)
- Cream of Wheat® (23)
- Vanilla Yogurt (11)