

# Full Liquid Diet

MedStar Southern Maryland Hospital Center  
Kitchen x4558

## Our Promise to You

Welcome to the menu viewing system for MedStar Health. You are currently looking at the Full Liquid Menu for MedStar Southern Maryland Hospital Center.

You Doctor has prescribed this diet for your health. Registered Dietitians worked in partnership with our culinary team to create chef-inspired meals to deliver nutrition that heals.

## How to Place Your Order

A host/hostess will make contact with you throughout the day to take your order.

## Using This Menu

This menu was designed to show you the items available on the full liquid diet. You can scroll through to review all of the items available.

### Abbreviation Key

LS	Low Sodium	NSA	No Sugar Added
LF	Low Fat	SF	Sugar Free

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## Soup/Broth

Beef (3)  
Chicken (2)  
Vegetable (3)  
Tomato Soup (12)

## Juice

Apple (14)  
Cranberry (17)  
Grape (19)  
Orange (11)  
Prune (22)

## Milk

Fat Free (12)  
1% (12)  
LF Chocolate (25)  
Lactose Free (12)  
Soy (9)

## Frozen

Ice Cream (*Vanilla (16) · Chocolate (17) · Strawberry (16)*)  
Fruit Ice (22) (*Lemon, Cherry*)

## Other

Coffee (*Reg · Decaf*)  
Tea (*Reg · Decaf*)  
Decaf Iced Tea  
Lemonade (13)  
Ginger Ale (*Reg (24) · SF (0)*)  
Hot Chocolate (*Reg (21) · SF (10)*)  
Cream of Wheat® (23)  
Vanilla Yogurt (11)