

Pureed Diet

MedStar Union Memorial Hospital
Room Service x2887

Our Promise to You

Welcome to the menu viewing system for MedStar Health. You are currently looking at the Pureed Diet Menu for MedStar Union Memorial Hospital.

You Doctor has prescribed this diet for your health. Registered Dietitians worked in partnership with our culinary team to create chef-inspired meals to deliver nutrition that heals.

How to Place Your Order

When you are ready for your meal, please call x2887 to place your order. Keep in mind, it takes approximately 45 minutes to prepare and deliver.

Using This Menu

This menu was designed to show you the items available on the pureed diet. You can scroll through to review all of the items available. The blue links at the bottom of the page will allow you to skip around to different sections.

Abbreviation Key

LS	Low Sodium	NSA	No Sugar Added
LF	Low Fat	SF	Sugar Free



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Pureed Diet

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Breakfast

Entrees

Pureed Scrambled Eggs
Puree Waffle
Puree Pancake
Puree French Toast

Sides

Pureed Bacon
Pureed Sausage

Cereal

Cream of Wheat
Pureed Oatmeal

Greek Yogurt

Vanilla

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Lunch/Dinner

Entrees

Pureed Chicken
Pureed Roast Beef
Pureed Roast Turkey
Pureed Pork
Pureed Fish Filet
Pureed Mac and Cheese

Vegetables

Pureed Corn
Pureed Green Beans
Pureed Peas
Pureed Broccoli
Pureed Carrots

Starches

Mashed Potatoes
Mashed Sweet Potatoes
Pureed Rice
Pureed Pasta

Soups

Tomato
Pureed Chicken Noodle
Pureed Garden Vegetable
Pureed Cream of Potato
Beef Broth
Chicken Broth
Vegetable Broth

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Desserts

Frozen

Chocolate Ice Cream
Vanilla Ice Cream
Orange Fruit Ice
Cherry Fruit Ice
Lemon Fruit Ice

Pudding and Gelatin

Vanilla Pudding
Chocolate Pudding
Assorted Gelatin Flavors

Fruit

Diced Pears
Diced Peaches
Pineapple Tidbits
Applesauce

Specialty

Pureed Apple Cobbler
Pureed Chocolate Mint Patty
Pureed Lemon Cheesecake
Pureed Strawberry Cheesecake

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Beverages

Juice

Apple
Cranberry
Orange
Grape
Prune

Milk

1%
Fat Free
Whole
Chocolate
Lactose Free
Soy

Hot

Coffee
Decaf Coffee
Tea
Decaf Tea
Hot Chocolate

Cold

Iced Tea
Lemonade *(Reg or SF)*
Gingerale *(Reg or Diet)*
Lemon Lime Soda *(Reg or Diet)*
Cola Soda *(Reg or Diet)*


QUALITY OF LIFE SERVICES

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