

Pureed Diet

MedStar Washington Hospital Center

Our Promise to You

Welcome to the menu viewing system for MedStar Health. You are currently looking at the Pureed (PU4) Menu for MedStar Washington Hospital Center.

You Doctor has prescribed this diet for your health. Registered Dietitians worked in partnership with our culinary team to create chef-inspired meals to deliver nutrition that heals.

How to Place Your Order

A host/hostess will make contact with you throughout the day to take your order.

Using This Menu

This menu was designed to show you the items available on the pureed diet. You can scroll through to review all of the items available. The blue links at the bottom of the page will allow you to skip around to different sections.

Abbreviation Key

LS	Low Sodium	NSA	No Sugar Added
LF	Low Fat	SF	Sugar Free



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Pureed Diet

MedStar Washington Hospital Center

Breakfast

Entrees

Pureed Scrambled Eggs

Puree Waffle

Puree Pancake

Puree French Toast

Sides

Pureed Sausage

Cereal

Cream of Wheat

Pureed Oatmeal

Greek Yogurt

Vanilla

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Lunch/Dinner

Entrees

Pureed Chicken
Pureed Roast Beef
Pureed Roast Turkey
Pureed Pork
Pureed Fish Filet
Pureed Mac and Cheese

Vegetables

Pureed Corn
Pureed Green Beans
Pureed Peas
Pureed Broccoli
Pureed Carrots

Starches

Mashed Potatoes
Mashed Sweet Potatoes
Pureed Rice
Pureed Pasta

Soups

Tomato
Pureed Chicken Noodle
Pureed Garden Vegetable
Pureed Cream of Potato
Beef Broth
Chicken Broth
Vegetable Broth

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Desserts

Frozen

Chocolate Ice Cream
Vanilla Ice Cream
Orange Fruit Ice
Cherry Fruit Ice
Lemon Fruit Ice

Pudding and Gelatin

Vanilla Pudding
Chocolate Pudding
Assorted Gelatin Flavors

Fruit

Diced Pears
Diced Peaches
Pineapple Tidbits
Applesauce

Specialty

Pureed Apple Cobbler
Pureed Chocolate Mint Patty
Pureed Lemon Cheesecake
Pureed Strawberry Cheesecake

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Beverages

Juice

Apple
Cranberry
Orange
Grape
Prune

Milk

1%
Fat Free
Whole
Chocolate
Lactose Free
Soy

Hot

Coffee
Decaf Coffee
Tea
Decaf Tea
Hot Chocolate

Cold

Iced Tea
Lemonade
Gingerale
Lemon Lime Soda
Cola Soda