



Introducing an exquisitely curated healthcare experience.

Introducing MedStar Health's innovative, bespoke concierge medicine service. *Signature by MedStar Health* brings you enhanced access to our dedicated team of medical experts and highly personalized support to help keep you in your best health.



Streamlined access to curated care

- Care that's personalized to you, your needs, and your health goals
- 24/7 communication with your care team
- Care navigation and advocacy
- Priority scheduling for in-person and telehealth appointments
- Seamless access for primary, specialty, and urgent care

Comprehensive wellness

Signature by MedStar Health provides unique access to nutrition and fitness experts who design meal plans, advise on diet and nutrition, and build fitness plans that align with your lifestyle and health goals.

Unparalleled convenience

We offer easy valet service or complimentary car service, if you choose. We are pleased to offer care at our hub in Chevy Chase or virtually. This includes in-home lab draws and other care in your preferred location.



Expansive health network

Benefit from enhanced access to thousands of leading MedStar Health expert specialists, radiology services, 10 outstanding hospitals, and more.

Tech-driven data

Support your health goals with a complimentary wearable biometric device. Data is linked to a customized dashboard on our proprietary mobile app.

Your dedicated care team

Led by our medical director who is also your personal physician, your dedicated care team includes a nutritionist, an athletic trainer, and a care navigator, among others.



Merlene Horan, MD—As a decorated Navy officer, former White House Physician, Physician to the First families, and cabinet members, Dr. Horan brings more than 20 years of Family Medicine experience. Having held top secret and White House security

clearances, she delivers high-quality care with the utmost attention to privacy and confidentiality, along with a unique understanding of demanding lifestyles.

Contact us to learn more about *Signature by MedStar Health* and membership details.

signature@medstar.net • 202-545-4700

MedStarHealth.org/Signature