



MedStar Health

Behavioral health: a collaborative care approach that includes your primary care team.



Convenient access to a team focused on your mental health.

Your care partners at MedStar Health recognize the critical role of mental health in your overall well-being. Our MedStar Health Primary Care/Behavioral Health program offers

our patients a collaborative care approach focused on developing and implementing a shared plan that leads to better outcomes.

MedStar Health Primary Care/Behavioral Health program benefits include:

Team collaboration: This approach brings the expertise of different professionals working together to develop and implement a shared plan specific to your health needs. Using our electronic medical record and patient portal, everyone is informed about your care.

Patient-centered care: Better outcomes require patient involvement and you will be actively involved throughout the process.

Integrated services: Your mental health is an important part of your overall wellness. Including this service offering within primary care makes it more accessible and convenient.

Appointment options: In-person and telehealth options available.

Are you experiencing any of the following symptoms and conditions?

- Anxiety
- Depression
- Drug and alcohol use
- Grief

If these symptoms and conditions are negatively impacting your life, please ask your primary care provider about our MedStar Health Primary Care/Behavioral Health program.

Our MedStar Health Primary Care/Behavioral Health program offers you convenient access to a team that prioritizes your mental health. Ask your provider for a referral today!

It's how we treat people.