

## Urinary Symptom Questionnaire for Neurogenic Bladder-Void (USQNB-V)

**Researcher:** The USQNB-V is a validated measurement instrument designed to monitor urinary symptoms among individuals with neurogenic bladder who void. The symptoms within the categories below are exchangeable and each category is considered different. Those can be used as outcomes for inclusion/exclusion and monitoring symptoms.

### ACTIONABLE

- Bladder spasm frequency/discomfort
- More difficulty ambulating
- Increase in tone/ spasticity (not bladder spasms)
- Sweating
- Feeling feverish
- Difficulty thinking, mental fogginess, forgetfulness
- Autonomic Dysreflexia (AD) **\*\*Spinal Cord Injury ONLY\*\***
- MS Flare-up (relapse, attack) **\*\*Multiple Sclerosis ONLY\*\***

\_\_\_\_\_ Total "Actionable" Symptoms

### BLADDER

- Blood in urine
- Increased frequency of urination
- Urinary urgency
- Incontinence/ urine leakage
- Sensation of urgency
- Reduced urine volume
- Inability to fully empty bladder
- Weak urine stream

\_\_\_\_\_ Total "Bladder" Symptoms

### URINE QUALITY

- Worse-smelling urine
- Darker urine
- Cloudier/sediment in urine

\_\_\_\_\_ Total "Urine Quality" Symptoms

### CONSTITUTIONAL

- Malaise, feeling unwell
- Increase in fatigue, lethargy, or weakness
- Chills
- Nausea
- Vomiting

\_\_\_\_\_ Total "Constitutional" Symptoms