



# Have patients with complex medical conditions?

We can help.

Most patients with complex chronic medical conditions face similar challenges managing them. That's because chronic conditions are complicated and require lots of treatment, follow-up, and medications. So, individuals with these issues become overwhelmed, exhausted, or discouraged—and their health suffers even more.

Reversing this trend is the goal of a new outpatient service, the Collaborative Care Program at MedStar Good Samaritan Hospital. If you have a patient who would benefit, we would be happy to schedule a consultation. This program provides personalized primary and specialty care, managed by a core medical team in one convenient location. The care is coordinated in partnership with a patient's primary care provider.

We place patients and their families at the center of care to ensure they get the comprehensive services they need from an expert multidisciplinary team. We do not replace a patient's primary care provider. Rather, we focus on fully integrating the clinical and social aspects of medicine to create a truly collaborative chronic disease management program with providers.

Currently, patients eligible for the Collaborative Care Program include those with:

- Congestive Heart Failure (CHF)
- Chronic Obstructive Pulmonary Disease (COPD)
- Diabetes
- Hypertension

To participate, eligible patients who are hospitalized or come into the Emergency Department for care are evaluated by members of our team to determine if they might benefit from our services.

We also accept referrals from a patient's primary care physician if they are eligible. Patients are typically under our care for a short period of time and then returned to their primary care provider or referred to one, if needed.

If you have a patient you believe would benefit from the Collaborative Care Program, contact us at **443-444-5463**. We look forward to your partnership.

## Meet our team



**Malek Cheikh, MD**  
Medical Director



**Herb Friedman, MD**  
Physician



**Preeti Jain, PA**  
Physician Assistant



**Angela Roberson, RD/LDN**  
Food Rx Dietitian



**Davon Carter**  
Community Health Advocate



**Nicole McDonald**  
Program Manager

**It's how we treat people.**



**MedStar Health**