



Program trains spiritual care providers **in a hospital setting.**

The Clinical Pastoral Education Program at MedStar Washington Hospital Center prepares interns and residents to become spiritual care providers, serving as a chaplain in a wide variety of settings.

Accredited by the Association for Clinical Pastoral Education, the CPE program offers students an opportunity to learn in classroom and clinical settings. In FY22, the CPE program trained 31 students.

Program Manager Tahara Akmal, MA, BCC, ACPE Certified, says learning interfaith ministry skills is central to their training. "We are not here to proselytize but to respond to the patient and learn to listen, assess, and understand social situations," she says. "That means learning about yourself and recognizing what a patient needs: when to simply listen, and when to be a patient advocate. You must respond appropriately in both those situations."

The hospital partners with nearby academic institutions to incorporate clinical ministry experiential learning in their curriculums, including The Catholic University of America, Trinity Washington University, MedStar Georgetown University Hospital, and Howard University.

Letter from the president.

We know far too many of our patients face challenges that impact their lives and their health.

Our community health advocate program is dedicated to helping them navigate these barriers. Safe Babies Safe Moms and the Clinical Pastoral Education program exemplify that commitment. These programs are vitally important in addressing the physical, mental, emotional, and spiritual well-being of people in our community. They represent our pledge to treating our community with dignity, respect, and attention to the whole person.

A handwritten signature in black ink that reads "Gregory J. Argyros, MD".

Gregory J. Argyros, MD
President, MedStar Washington Hospital Center



Safe Babies Safe Moms: **providing better access to care.**



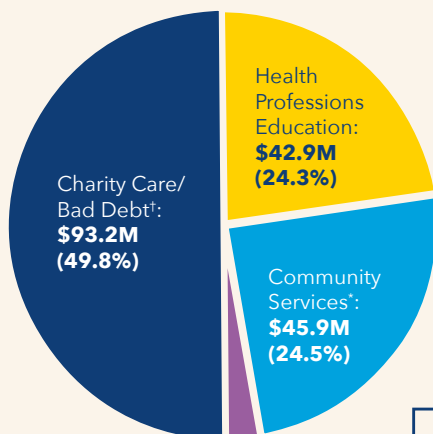
The Safe Babies Safe Moms initiative at MedStar Health partners with community programs to address maternal and infant health for at-risk families. In FY22, 15,346 mothers and babies were served.

The program, funded by the A. James & Alice B. Clark Foundation, partners with MedStar Washington Hospital Center, MedStar Georgetown University Hospital, and community partners Community of Hope, and Mamatoto Village.

Women receive such services as: pre-pregnancy care, prenatal care, delivery, postpartum and postnatal care, and maternal, infant, and family care to age three. The program also focuses on clinical, environmental, social, and health system risk factors. Staff screen for housing needs, food insecurity, access to benefits, and behavioral and mental health issues. They connect those who need special services with hospital or community outreach programs.

Loral Patchen, CNM, PhD, clinical lead for MedStar Washington's component of the program, says post partum follow-up is essential. "We have four nurse navigators who identify concerns and help new mothers navigate the system, reducing barriers to quality health care."

She says, "Our team strives to listen and be responsive to individual priorities and provide the people with the information they need to make the best decisions for themselves and their baby."



2022 Community benefit contribution: **\$187.1M**

*Includes subsidies, community health improvement services, community building activities, financial contributions, and community benefit operations
 †Includes unfunded government-sponsored programs.

Research: **\$5.0M (2.7%)**

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"Our team strives to listen and be responsive to individual priorities and provide the information they need to make the best decisions for themselves and their baby." –Loral Patchen, CNM, PhD, MedStar Washington Hospital Center

To learn more about the community health programs at MedStar Washington Hospital Center, please visit **MedStarHealth.org/CommunityHealth**

It's how we treat people.