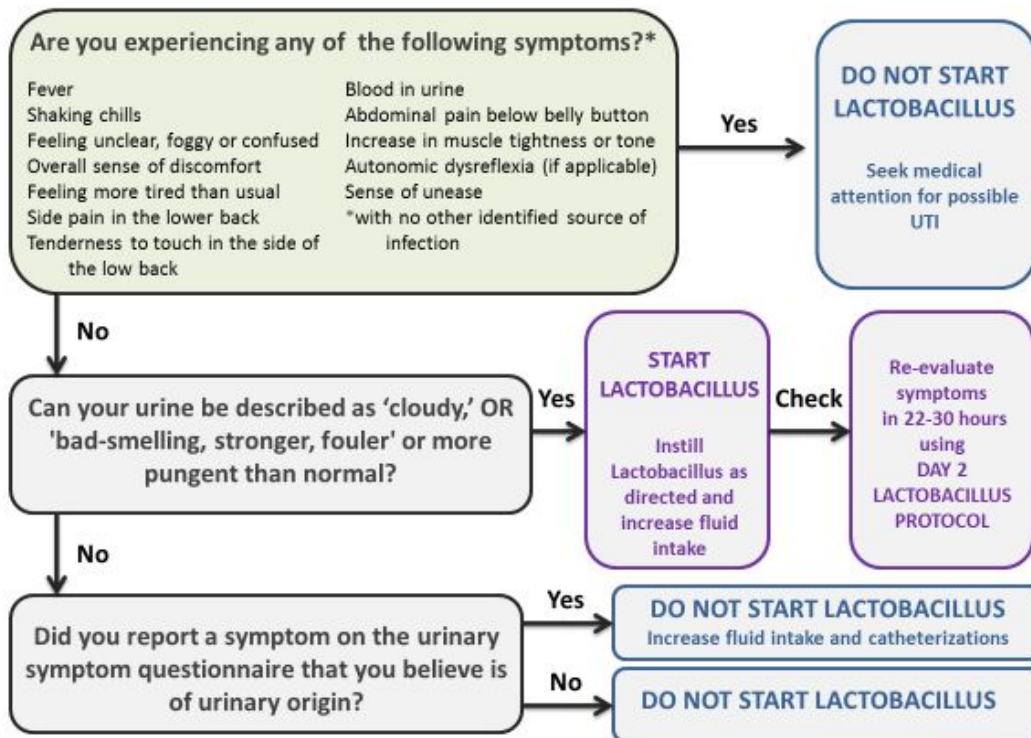
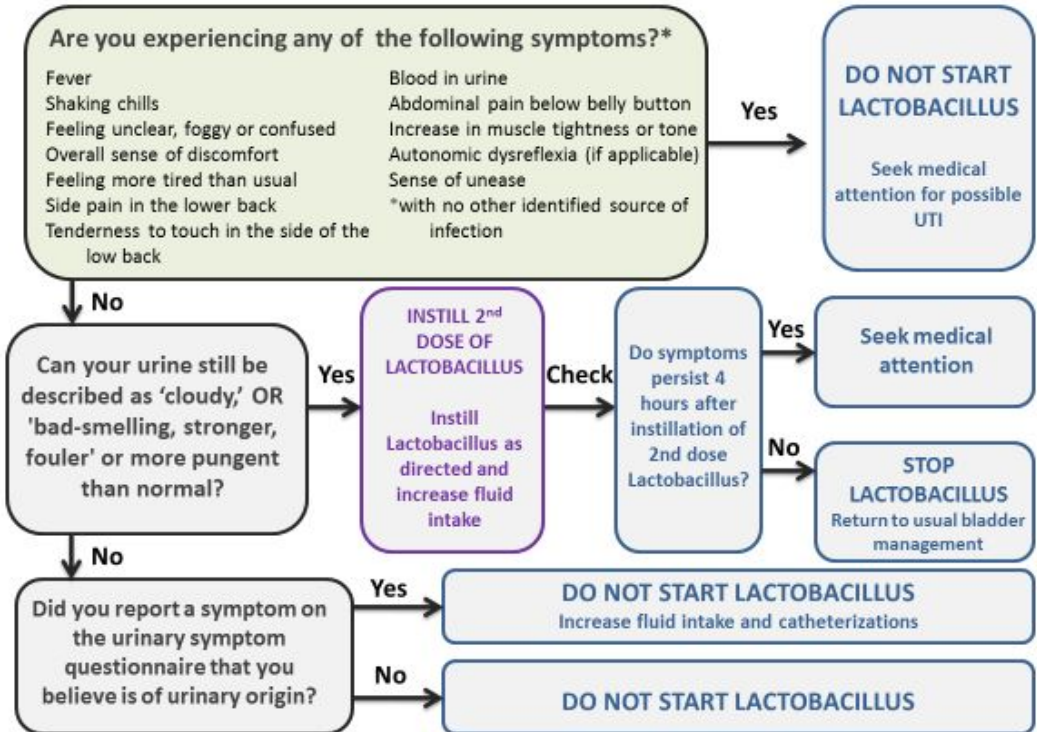


Figure 1. Self-management protocol using probiotics (SMP-Pro)

LACTOBACILLUS BLADDER INSTILLATION PROTOCOL DAY 1



LACTOBACILLUS BLADDER INSTILLATION PROTOCOL DAY 2 (22-30 hours after first instillation)



NOTE: You have the right to seek medical attention at any time