

Urinary Symptom Questionnaire for Neurogenic Bladder-Void (USQNB-V)

Directions—Under each category, please mark each symptom/s you are experiencing. Fill in the total of each symptom category on page 2. Then, follow the flow chart (page 2) to guide your decision-making for your symptoms.

ACTIONABLE

- Bladder spasms
- More difficulty ambulating (walking)
- Increase in spasticity (not bladder spasms)
- Sweating
- Felt feverish/like you had a fever
- Difficulty thinking, mental fogginess, forgetfulness
- Autonomic Dysreflexia (AD) ****Spinal Cord Injury ONLY****
- Multiple Sclerosis Flare-up (relapse, attack) ****Multiple Sclerosis ONLY****

_____ **Total "Actionable" Symptoms**

- **If one or more symptoms then consider seeking medical attention for assessment of symptoms**

BLADDER

- Blood in urine
- Increased frequency of urination
- Urinary urgency
- Urge incontinence
- Sensation of urgency/empty bladder
- Small release of urine
- Inability to fully empty bladder
- Weak urine stream

_____ **Total "Bladder" Symptoms**

- **If one or more Bladder AND one or more Actionable, then consider seeking medical attention for UTI assessment**
- **If four or more then consider seeking medical assessment of bladder function**
- **If one to three and no other symptoms, self-manage + monitor symptoms**

URINE QUALITY

- Cloudiness
- Dark urine
- Bad, foul, or stronger smelling urine

_____ **Total "Urine Quality" Symptoms**

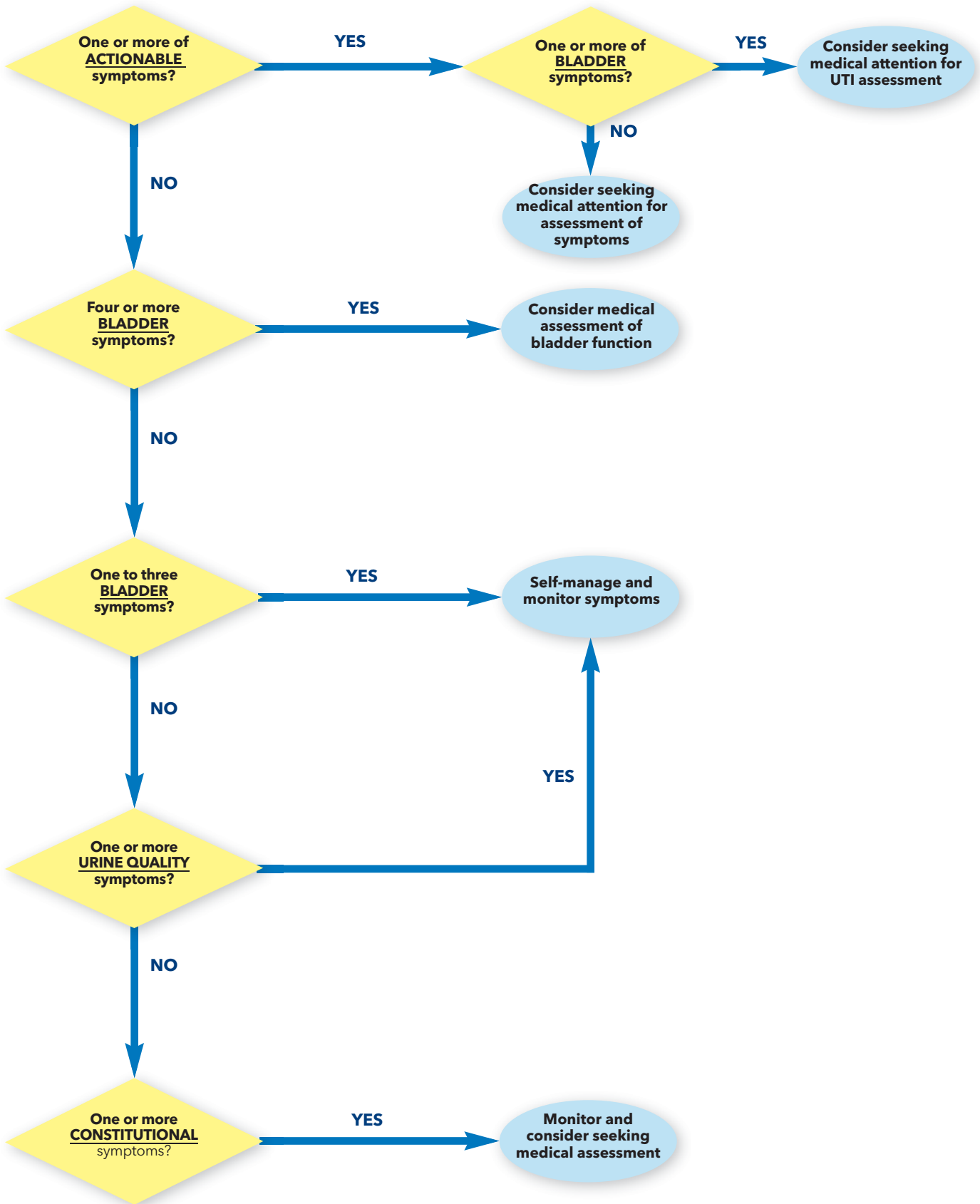
- **If one or more and no other symptoms, self-manage + monitor symptoms**

CONSTITUTIONAL

- Malaise, feeling unwell
- Fatigue/Muscle weakness
- Chills
- Nausea
- Vomiting

_____ **Total "Constitutional" Symptoms**

- **If one or more and no other symptoms then monitor and consider seeking medical assessment**



Symptom Category	Total
Actionable	
Bladder	
Urine Quality	
Constitutional	