



MedStar Health

# Welcome to the **Amputation Program**

MedStar Good Samaritan Hospital  
Inpatient Rehabilitation Center  
in partnership with  
MedStar National Rehabilitation Network

**It's how we  
treat people.**

# Amputation Rehabilitation Program

Recovering from an amputation takes hard work for the patient and caregivers. It takes time to adjust to the physical changes and to regain confidence in one's ability to accomplish everyday activities. The team at MedStar Good Samaritan Hospital's Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) is committed to providing the physical and emotional support needed to help patients regain control of their lives.

The program includes:

- A highly skilled group of professionals who plan each patient's care under the direction of a rehabilitation physician (physiatrist) from MedStar National Rehabilitation Network.
- Therapies and activities, which are designed to improve each patient's functional skills, help him/her to adjust to the loss of a limb, and if appropriate, prepare him or her for fitting with an artificial limb.
- Expert care, which is coordinated by a case manager who helps the patient and his or her family understand the recovery process and consider the options as the patient progresses from inpatient care to home health care, amputee clinic, outpatient rehabilitation, and/or community services.

Throughout recovery, patients may meet others recovering from amputations. We encourage patients to share experiences and strategies for adjustment and recovery. Peer mentorship is also available to patients during their rehabilitation.

Our clinical staff works together as an interdisciplinary team to design a personalized rehabilitation program for each patient. The team helps patients attain their highest level of functioning and independence.

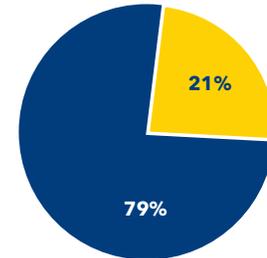
## What is a typical day like?

- You will be busy.
- You will receive a daily schedule.
- You will be out of bed and involved in therapy, meals, and other activities as much as possible every day.
- During the fiscal year ended June 30, 2021, patients with an amputation received an average of 3.5 hours of therapy (physical therapy, occupational therapy) a day for a minimum of 5 days per week.
- Most patients participate in individual therapy with occasional group interaction.

## A year in review

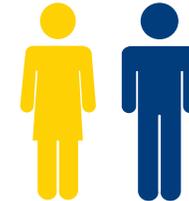
We cared for 63 patients with an amputation during the fiscal year, which ended June 30, 2021. What did our patients look like?

### Types of amputee



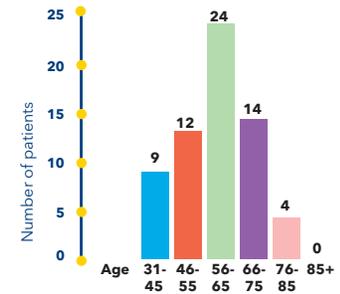
- Unilateral (one leg) lower extremity
- Bilateral (both) lower extremity

### Patient gender

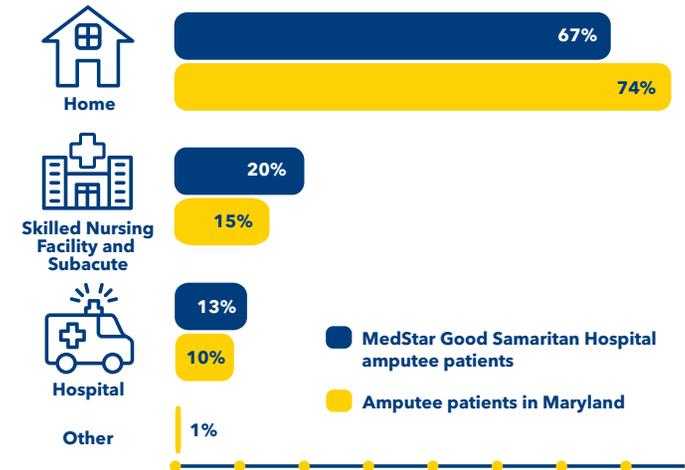


33% female  
67% male

### Age range



## Where do our patients go after MedStar Good Samaritan Hospital?



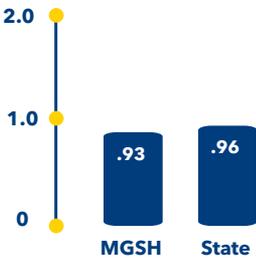
## How long did patients stay at MedStar Good Samaritan Hospital?



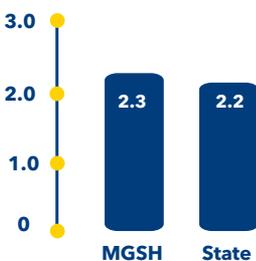
## How effective is our Amputation Program?

Gains are made by patients across all areas of daily activities including the ability to perform self-care and mobility tasks such as bathing, dressing, using the bathroom, getting in and out of bed, and moving around in one's home and community. Gains are measured with a standardized rehabilitation tool called Quality Indicators (QI) on a scale of 1 (Dependent) to 6 (Independent).

### Gains in self-care per day



### Gains in mobility per day



### For more information:

- Call the admissions office at **443-444-4701**.
- Take our virtual tour at **MedStarHealth.org/InpatientRehab**.

## Unique program features

- Referrals to Adaptive Fitness Classes and Sports Program
- Personalized education and resources
- Access to local prosthetics company, Hanger
- Monthly support groups

## How satisfied were patients?

Satisfaction with MedStar Good Samaritan Hospital 3 months after discharge

(1=Very dissatisfied, 4=Very satisfied)



**3.9/4.0**

**MedStar Good Samaritan Hospital**



**3.7/4.0**

**National average**

## What if I have more questions?

Talk to your doctor, nurse, therapist, or any other team member if you have questions, concerns, comments, or feedback. Your team is available to help you. You have a right to ask questions about your care.



**MedStar Health**

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