



Healthcare Services in the Comfort of Home

Serving the Maryland, D.C., and Northern Virginia region, MedStar Visiting Nurse Association provides in-home healthcare and rehabilitation services for patients recently discharged from the hospital and those who are disabled or living with a chronic condition.

Skilled Nursing

MedStar VNA nurses review doctors' orders and assess patients' needs to create a personalized plan of care. Nursing services include:

- Medication management
- Self-care education
- Symptom control and management
- Vital sign monitoring
- IV therapy and nutrition support
- Activities of daily living support
- Wound, ostomy, and continence care

800-862-2166 • MedStarVNA.org

Rehabilitation

Therapists help people improve their ability to live safely at home and regain independence. Rehabilitation services include:

- Physical therapy
- Occupational therapy
- Speech and language pathology

Specialty Programs

- Medical Social Work
- Fall prevention
- Tele-monitoring
- Mental health
- Pain management



MedStar Visiting
Nurse Association

Knowledge and Compassion
Focused on You