

Urinary Symptom Questionnaire for Neurogenic Bladder-Void (USQNB-V)

ACTIONABLE

- Bladder spasms
- More difficulty ambulating (walking)
- Increase in spasticity (not bladder spasms)
- Sweating
- Felt feverish/like you had a fever
- Difficulty thinking, mental fogginess, forgetfulness
- Autonomic Dysreflexia (AD) ****Spinal Cord Injury ONLY****
- Multiple Sclerosis Flare-up (relapse, attack) ****Multiple Sclerosis ONLY****

_____ **Total "Actionable" Symptoms**

BLADDER

- Blood in urine
- Increased frequency of urination
- Urinary urgency
- Urge incontinence
- Sensation of urgency/empty bladder
- Small release of urine
- Inability to fully empty bladder
- Weak urine stream

_____ **Total "Bladder" Symptoms**

URINE QUALITY

- Cloudiness
- Dark urine
- Bad, foul, or stronger smelling urine

_____ **Total "Urine Quality" Symptoms**

CONSTITUTIONAL

- Malaise, feeling unwell
- Fatigue/Muscle weakness
- Chills
- Nausea
- Vomiting

_____ **Total "Constitutional" Symptoms**