

Urinary Symptom Questionnaire for Neurogenic Bladder-Indwelling Catheterization (USQNB-IDC)

ACTIONABLE

- Autonomic Dysreflexia (AD)
- Felt feverish/like you had a fever
- Irritability, mental slowing/confusion
- Bladder discomfort or pain in suprapubic region
- Increased spasticity (not bladder spasms)
- Bladder spasms
- Sweating
- Flushing of the chest, neck or face

_____ **Total "Actionable" Symptoms**

BLADDER

- Blood in urine
- Blood clots in urine
- Sensation of urinary urgency
- Urine leakage that isn't normal

_____ **Total "Bladder" Symptoms**

URINE QUALITY

- Dark urine
- Cloudy urine
- Bad-smelling, stronger or fouler urine

_____ **Total "Urine Quality" Symptoms**

CONSTITUTIONAL

- Discharge, redness or sensitivity around catheter site
- Increase or decrease from your usual blood pressure
- Diarrhea
- Numbness, tingling in your extremities
- Sense of burning in the extremities or throughout the body
- Fatigue/ lethargy
- Generalized abdominal discomfort or pain: bloating, pressure or cramping
- Back pain
- Pain more than usual below the level of injury

_____ **Total "Constitutional" Symptoms**