

PGY-1 Didactics - Friday 1-4 PM

Block 1	Date	1:00 - 2:00 pm		2:00 - 3:00 pm		3:00 - 4:00 pm	
Depression	#####	Phenomenology 1: Depressive disorders I	Matuella	Phenomenology 2: Depressive disorders II	Matuella	ASCP Crash Course: Antidepressants	Matuella
	7/2/2021	Suicide Risk Assessment	Schreiber	Evaluation of Patients in the ER	Schreiber	Intro to Journal Club	Matuella
	7/9/2021	Neurosci/Neuropsych: 3D Brain App / "Who Are You?"	Akil	DBT Skills for inpatient psychiatry	Sankin	Wellness	Ela
	#####	Professional Development: Resiliency Coaching	Sweeney	Professional Development: Giving effective feedback	Stewart	Professional Development: Giving effective feedback	Stewart
	#####	Psychoeducation	Perras	Manging personality and malingering on the inpatient unit	Langlieb	Professional Development: Available Resources at Dahlgren	Alagha
	#####	Psychotherapy Workshop: Intro to supportive psychotherapy	Liao/Ela	Psychotherapy Workshop: Patient interview	Liao/Ela	The DMV Mental Health System	Simpson
	8/6/2021	Clinical Skills Workshop #1: Patient interview	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela
	#####	Liaising with the ER	Dodoo	ASCP: Basic neuroscience and psychopharm of Depression	Matuella	Journal Club #1: STAR-D	Matuella
Block 2	#####	Psychotherapy Workshop: Intro to supportive psychotherapy	Liao/Ela	Psychotherapy Workshop: Patient interview	Liao/Ela	Chief Check-in	Chiefs
Psychosis	#####	ASCP: Antipsychotics & Psychopharm in the ER	Ahmed	Mini-PRITE: Psychosis & Emergency Psychiatry	Ahmed	Journal Club #2: CATIE	Ahmed
	9/3/2021	Involuntary hospitalization	Pilgrim	Involuntary hospitalization	Pilgrim	CBT Skills for inpatient psychiatry	Sankin
	#####	Clinical Skills Workshop #2: Patient interview	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela
	#####	The Neurobiology of Fear	Akil	Antipsychotics	Xiong	Antipsychotics	Xiong
	#####	Phenomenology 3: Psychosis I	Pustay	Phenomenology 4: Psychosis II	Pustay	Journal Club #3: RAISE	Pustay
	#####	Managing Personality, Antisocial Behaviors, and Malingering in the ER	Schreiber	How to approach a consult	Schreiber	Risk Assessment: Review & Applications	Matuella
	#####	Clinical Skills Workshop #3: Patient interview	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela
Block 3	#####	Neurosci/Neuropsych: Adult Attachment Style	Akil	Neurosci/Neuropsych: Neuroanatomy for the psychiatrist	Akil	Professional Development: Teaching How to Teach	Epstein
Personality d/o	#####	Anti-Racism Curriculum	Bandealy/William	Anti-Racism Curriculum	Bandealy/William	Journal Club #4: Ketamine/Esketamine	Dodoo
Trauma	#####	Phenomenology 12: Personality disorders	Chalkind	ASCP: Therapeutic alliance and adherence	Chalkind	Mini-PRITE: Personality disorders	Chalkind
	#####	Psychotherapy Workshop: Motivational Interviewing	Kaltman	Psychotherapy Workshop: Patient interview	Kaltman	Wellness	Ela
	#####	Phenomenology 6: Trauma and related Disorders	Cochran	Mini-Prite: Trauma and Related Disorders	Cochran	Journal Club #5: ACES study	Cochran
	#####	Clinical Skills Workshop #4: Patient interview	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Chief Check-in	Chiefs
Other	#####	Neurosci/Neuropsych: Epigenetics and Trauma	Akil	Biopsychosocial Formulation	Esiobu	Intro to Quality Improvement (Part 1)	Barkil-Oteo
	#####	Sleep Physiology	KiaNoury/Zhang	Sleep Disorders	KiaNoury/Zhang	Wellness	Ela
	#####	Intro to Quality Improvement (Part 2)	Barkil-Oteo	Facilitating a Family Meeting	Adams/Coles	Breaking Bad News in Psychiatry	TBD
	#####					Christmas	
	#####					New Years	
Block 4	1/7/2022	Psychotherapy Workshop: Group Therapy (on SW)	Ela	Psychotherapy Workshop: Group Therapy (on SW)	Ela	Psychotherapy Workshop: Group Therapy (on SW)	Ela
Bipolar	#####	Phenomenology 7: Bipolar and Related Disorders (Part 1)	Experton	ASCP: Bipolar Disorder	Experton	Journal Club #6: STEP-BD	Experton
Anxiety	#####	Clinical Skills Workshop #5: Patient interview	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela
OCD	#####	Chief Check-in	Chiefs	Neurosci/Neuropsych: Catatonia	Akil	Pharm: Mood Stabilizers	Xiong
	2/4/2022	Phenomenology 8: Bipolar and related disorders (Part 2)	Moser	ASCP: Acute mania (basic course)	Moser	Mini-PRITE: Bipolar and Related Disorders	Moser
	#####	Phenomenology 9: Anxiety disorders	Cumming	ASCP: Antianxiety Agents	Cumming	Mini-PRITE: Anxiety disorders	Cumming
	#####	Clinical Skills Workshop #6: Patient interview	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela
	#####	Phenomenology 10: OCD	Selke	ASCP: OCD	Selke	ASCP: Social Anxiety Disorder	Selke
Block 5	3/4/2022	Phenomenology 5: Delirium & Geriatric Psychopharm	Axiotakis	ASCP: MINI-PRITE - Delirium/Geriatrics	Axiotakis	Journal Club #7: Delirium	Axiotakis
Neurocog d/o	#####	Neurosci/Neuropsych: Alzheimer's Disease	Akil	Neurosci/Neuropsych: Pain Circuitry	Akil	Non-Opioid Pain Management	Ku
Delirium	#####			Retreat			
	#####	Clinical Skills Workshop #7: Patient interview	Liao/Bandealy	Clinical Skills Workshop: Psychiatric interview techniques	Liao/Bandealy	Wellness	Ela
	4/1/2022	CSA's and Severe Mental Illness in the DMV	Allier	Principles of geropsychiatry	Sabai	Principles of geropsychiatry	Sabai
	4/8/2022	Psychotherapy Workshop	Liao/Ela	Psychotherapy Workshop: Patient interview	Liao/Ela	Anti-Racism Curriculum	Bandealy/Williams/Cotton
	#####	Phenomenology 11: Neurocog Disorders (ASCP)	Barseghian	ASCP: Psychopharm and Alzheimers	Barseghian	Journal Club #8: Assessment of patients' competence to consent to treatment	Barseghian
	#####	Neuroscience/Neuropsychiatry: Movement disorders	Anderson	Neuroscience/Neuropsychiatry: Dementia / Agitation	Anderson	Neurosci/Neuropsych: Conversion Disorder	Anderson
	#####	Clinical Skills Workshop #8: Patient interview	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela
Block 6	5/6/2022	Psychotherapy Workshop: Personality Disorders	Sankin	Psychotherapy Workshop: Patient interview	Sankin	Psychotherapy Workshop: Patient interview	Sankin
Substance Use	#####	Phenomenology 13: Alcohol Use Disorder	Chorath	ASCP: Alcoholism	Chorath	Mini-PRITE: Alcohol Use Disorder	Chorath
	#####	Chief Check-in	Chiefs	Neurosci/Neuropsych: Alcohol & neuroplasticity (DoNut Pass Go)	Akil	TBD	TBD
	#####	Clinical Skills Workshop #9: Patient interview	Liao/Bandealy	Clinical Skills Workshop: Techniques, write-ups, presentations	Liao/Bandealy	Wellness	Ela
	6/3/2022	Phenomenology 14: Substance Use Disorders	Salmela	ASCP: Other Substance Use Disorders	Salmela	Journal Club #9: COMBINE	Salmela
	#####	Opportunities for Scholarly Activities in the Department	Hoge	Intro to CL	Schreiber	Rising Chief Check-in & Primer for PGY-2 year	Rising Chiefs

PGY 1 Bootcamp schedule (WEDNESDAYS 4:30 - 5:30 PM)		
6/30/2021	Self-care and resilience	Tsai
7/7/2021	Decisional capacity	Liao
7/14/2021	Delirium and agitation	Schreiber
7/21/2021	Risk assessment, SI, HI, safety	Akil
7/28/2021	Workplace violence	Tsai/Schreiber
8/4/2021	Basic interviewing and mental status exam	Bandealy
8/11/2021	Professionalism and Communication	Epstein
8/18/2021	Intoxication and withdrawal management	Raajtes

JOURNAL CLUBS		
Date	Article	Intern/Chief
7/2/2021	Intro to Journal Club	Matuella
8/13/2021	STAR-D: Sequenced Treatment Alternatives to Relieve Depression Study	Estein/Matuella
8/27/2021	CATIE: Clinical Antipsychotic Trials of Intervention Effectiveness	Mosvessova/Ahmed
9/24/2021	Recovery After an Initial Schizophrenia Episode project (RAISE)	Dillard/Pustay
10/22/2021	Antidepressant Efficacy of Ketamine in Treatment-Resistant Major Depression	Salmassi/Dodoo
11/12/2021	ACES study	Ben Cheikh/Cochran
1/14/2022	STEP-BD: Systematic Treatment Enhancement Program for Bipolar Disorder	Taylor/Experton
3/4/2022	Delirium in Older Persons: Advances in diagnosis and treatment	Keshavarz/Axiotakis
4/15/2022	Assessment of patients' competence to consent to treatment	Palmer/Barseghian
6/3/2022	COMBINE study	Leto/Salmela